2021 NWOAL Cross Country Championships

October 16, 2021

Evergreen HS - 14544 Co Rd 6, Metamora, OH 43540

Teams: Archbold, Bryan, Delta, Evergreen, Liberty Center, Patrick Henry, Swanton, Wauseon

Entries: All entries are to be completed on Baumspage. Window closes on Thursday, October 14 @ 7:00 pm

Water: We have limited water available, your team should arrive with a filled water cooler, we will only provide water in the event of an emergency. Athletic Trainer will be on-site if needed.

Start: Starting positions have been drawn and assigned by the meet official, Coaches will be informed of the positions at the coaches meeting. (Coaches Meeting held near start line, at shot put/discus area)

Schedule:

8:30am – Course Opens

9:30am – Coaches Meeting

10:00am - HS Girls Race

10:45am - HS Boys Race

11:30am - MS Girls Race

12:00pm - MS Boys Race

12:30pm - Awards

Parking: Spectator Parking (\$5 a car): Parking will be at our MS & HS Parking lots

Important: ALL Bus parking will be at our Elementary (14844 Co Rd 6, Metamora, OH 43540)

Timing: DRS Timing will provide timing services for all races. Packets, including race chips, will be provided to each team the morning of the race. \$25 for each lost or unreturned chip

Finish: Please remind your runners to keep moving through the chute and stay in order

Results: Results will be posted on Baumspage as soon as possible after races

Restrooms: Located in the Stadium Concession Stand

Concessions: Concessions will be available in the Stadium

T-Shirts: Will be on sale inside the stadium (\$15 each)

Inclement Weather: Runners, Coaches and Officials may Enter Door 13 of our Athletics Entrance and be housed in our gymnasium. We would ask for spectators to return to their vehicles.

NO parking on grass -- NO dogs allowed -- NO spectators allowed on the turf field

Questions: Contact the Meet Manager, the starter or the head scorer